

Autism in Women and Girls

Led by Debbie Austin,
Autism East Midlands



This Autism in Women & Girls training course has been specifically designed by Autism East Midlands in house training team and looks at raising the awareness of diagnosis of autism for women and girls. The session will cover:

- Understanding the presentation and differing needs of autistic women and girls without an intellectual disability
- Diagnosis of women and girls: Under identification and misdiagnosis
- How late diagnosis can impact on mental health and wellbeing
- Strategies to support women and girls on the spectrum

Date; Thursday 3rd February 2022

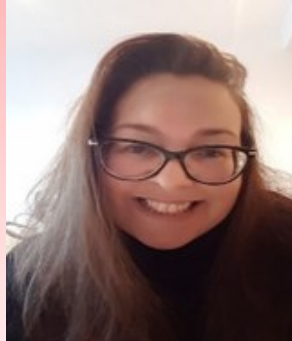
Time : 9.30am—12.30pm

Delivery :Virtual delivery via Zoom

Cost : £75 (Boost funded for BCP Schools)

Book via. www.bcpworkforcedevelopment.co.uk

Suitable for anybody working in schools



Debbie Austin

Debbie has over a decade of experience working with people with Autism and Asperger Syndrome in a variety of settings. Debbie is a passionate and inspirational self-advocate for Autism and Asperger syndrome and regularly speaks at conferences, on TV and Radio to raise awareness of Autism and Asperger Syndrome; the issues people face, prevalence and issues for women and girls on the spectrum and mental health and autism. Debbie has also been involved in setting up several projects aimed at providing mentoring and advocacy for those individuals with High Functioning Autism/Asperger Syndrome who receive little or no support. Debbie is also a qualified therapist, providing coaching and counselling for individuals with Asperger Syndrome. She is also an activist and campaigner for employment rights for Autistic people. Debbie is the Specialist Autism Awareness Trainer at Autism East Midlands and Specialist Mentor for autistic members of staff and autistic students in higher education.